



## **JOB DESCRIPTION**

<b>Job Title:</b>	<b>Mental Health Peer Support Worker</b>
<b>Reports To:</b>	<b>Locality Team Lead/Mental Health Service Lead</b>
<b>Employer:</b>	<b>Red Rose Recovery Lancashire</b>
<b>Number of Posts and Base:</b>	<b>12 x Full time posts based at Red Rose Recovery East Office, St James Old School, Accrington, working across Pennine Lancashire ICP area</b>  <b>4 x Full time posts based at Red Rose Recovery Lancaster office, working across Morecambe Bay ICP area</b>
<b>Hours:</b>	<b>37.5 per week</b>
<b>Salary:</b>	<b>£18,525 pa</b>
<b>Duration:</b>	<b>2 year contract. Any extension beyond this dependent on further funding.</b>
<b>Deadline:</b>	<b>22<sup>nd</sup> July 2022</b>
<b>Interviews:</b>	<b>W/C 25<sup>th</sup> July 2022</b>

### **Background to Red Rose Recovery**

Red Rose Recovery (RRR) was established as a charity in 2012 and has become nationally recognised as a pioneering organisation in developing recovery systems and creating opportunities for people affected by substance misuse, offending behaviours and mental health. We operate across Lancashire and Cumbria and work with a wide range of partner organisations in many different settings to build accessible and inclusive pathways for personal development and recovery. 95% of our staff have personal experience of multiple disadvantage and they provide inspiration and hope to people who are still struggling to find a way forward. RRR also supports and helps co-ordinate the Lancashire User Forum which

is the UK's largest mutual aid forum and active service user group delivering community action and recovery support across the county.

### **Job Summary:**

Red Rose Recovery is commissioned for a number of objectives, including:

- to establish and develop recovery communities across Lancashire.
- to support people with complex, multiple needs and vulnerabilities.

The role of the Mental Health Peer Support Worker is vital to the delivery of these objectives. Following our model, you will be expected to work on both a group and a 1:1 basis with people requiring community support for their mental health needs.

Commissioned by Lancashire & South Cumbria NHS Foundation Trust, the Mental Health Integrated Community Care Transformation service will require successful applicants to work in partnership with LSCFT CMHT teams in delivering our in-house Hope and Beyond programme to both groups and individuals, either face-to-face, over the phone or online. You will be doing outreach visits in the community to support clients and assisting them to engage with other support services and advocating for them if required.

Every case will be different and each will have a unique plan with the service user at the heart of it. Through our interventions, we aim to make a positive and sustainable difference to people's lives. We utilise the lived experience of our staff to engage with our clients in a way that some other professionals are unable to.

Asset Based Community Development is an underpinning ethos of the work of Red Rose Recovery. We look to uncover both our staff and client's skills and abilities, building up their strengths, as opposed to always focusing on their deficits or what may be wrong in their life.

You will be expected to maintain detailed, accurate records for each client on our internal database and work towards agreed, realistic targets.

You will reach out to other services in the community, develop links and build networks that you can utilise for referral pathways and share your knowledge with colleagues within the team.

You will also be expected to be an advocate for Red Rose Recovery and The Lancashire User Forum.

To apply for these posts, you must have a lived experience of facing multiple disadvantages, in particular Mental Health issues.

We will give priority to those applicants who possess a full driving licence and have access to a vehicle during your working hours.

**Responsibilities:**

- To contact referrals, assess and identify their needs.
- To develop and work through a support plan, in partnership with the service user.
- To build networks with other agencies who can add additional support to our clients in line with their support plan
- Support the client to access other services
- To support clients into other Red Rose Recovery groups and activities
- To facilitate groups, including 5 ways to wellbeing and Hope & Beyond
- To maintain detailed, accurate notes and add these into our internal database
- To liaise with the wider team supporting the needs of our members and volunteers within the community.
- To work with Red Rose Recovery partner organisations to ensure the best use of time and resources.
- To raise awareness of the work of Red Rose Recovery by promoting a good public image.
- Taking part in, supporting and helping to grow the Lancashire User Forum
- To work in accordance with all Red Rose Recovery policies and procedures.
- Ensure any safeguarding disclosures are dealt with appropriately and in accordance with Red Rose Recovery policy

**General:**

- Ensure health and safety compliance at all times.
- To be a strong member of the team and act as an ambassador for Red Rose Recovery and the Lancashire User Forum
- To maintain confidentiality at all times.
- To adhere to all relevant policies and procedures.
- To establish and maintain a positive working relationship with service providers, commissioners, stakeholders and other partner agencies.
- To undertake training as identified via personal development planning process.
- To undertake other duties commensurate to the grade of the post.

## PERSON SPECIFICATION

CRITERIA	STANDARD	Essential (E)/Desirable (D)
<b>Work/Voluntary Experience</b>	Lived Experience in Mental Health Issues	E
	Experience of assessing the needs of people with complex needs and developing support plans	D
	Understanding of the complex needs and challenges facing individuals with Mental Health issues, as well as physical health problems, domestic abuse, homelessness/housing issues, criminal justice, etc	E
	Experience of partnership working	D
	Experience of facilitating groups	D
	Excellent communication and interpersonal skills	E
	Experience of Safeguarding	D
	Accurate record keeping, including data input	D
	Driving licence and access to a vehicle	E